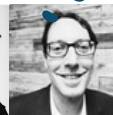




Funded by
UK Government



**London Health
Accelerator for
Social Enterprise**

Spring 2024 Cohort

**UKSPF Boosting Life
Sciences Social Economy**



**LONDON
& PARTNERS**



**school for
social
entrepreneurs**

SUPPORTED BY
MAYOR OF LONDON

**LEVELLING
UP**

Welcome to our programme

Substantial economic growth is anticipated within the health and life sciences sector in London over the next 10 years. In recognition of the need to actively support inclusion and diversity in this crucial sector, a consortium of 7 London boroughs (Camden, Hackney, Hammersmith and Fulham, Islington, Lambeth, Southwark & Tower Hamlets), and MedCity, (part of the London & Partners family) was formed. This consortium secured £1.4M from the UK Shared Prosperity Fund (UKSPF) to deliver a 22-month programme entitled Boosting Life Sciences Social Economy.

The UKSPF programme is funded by the UK Government to boost the London life sciences social economy by supporting emerging social businesses and entrepreneurs in public health and life sciences, increasing opportunities for underserved communities to benefit from new skills and jobs opportunities.

The London Health Accelerator for Social Enterprise forms a key part of this programme. The accelerator will provide business and specialist health and life sciences support, as well as networking opportunities to 40 social businesses across two cohorts.

The accelerator programme supports dynamic and innovative social enterprise founders, many with lived experience, to grow their businesses which address a broad range of inequalities. Through the creation of new partnership opportunities, new products, services and jobs will be created.

MedCity has worked closely with the excellent team at School for Social Entrepreneurs to co- create this health and life science focused accelerator programme. I would like to thank colleagues at Barts Life Sciences, and colleagues from various organisations including DigitalHealth.London, London boroughs, MedCity and London & Partners, and all the mentors for their support and valuable contribution to the programme. Most of all I would like to thank all the social entrepreneurs who have participated in this first cohort and congratulate you on your achievements to date. Thank you for the benefits you are bringing to communities in London.



Nicki Bromwich

Head of Life Sciences
Programmes
MedCity

Our programme participants



George Papanikolaou
Biostealth AI



Anthea Masey
Loughborough Junction
Action Group



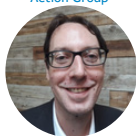
Danny Orchard
Core Clapton



Dora Crook
Disability Voice Coach



Olga Osuch
Repair Cafe Lambeth



Gavin Jackson
4-22 Foundation



Frances Pairaudeau
Greens Made Easy



Indy Sira
Voices of Colour CIC



James Galbraith
Find Your Voice CIC



Natasha Veerasawmy
Bonded Thru Cancer



Betty Efemini
Holistic Well Womens CIC



Jodie Larsen
Paws & Pause



Samit Kumar Biswas
Health Tech Services
Group



Martin Health
Autism Lambeth



Michael Jordan Faucher-Folie
Just Once Ltd



Saidat Okentunde
Faiths Womens
Community CIC



Joanna English
Hackney CVS



John Poyton
The Well Centre



Nureen Glaves
Feed Me Good



Daniel Acheampong
Ayati Mind

Georgios Papanikolaou

bioStealth AI



BioStealthAI was established by innovator Israel Gbati and respiratory health advocate Georgios Papanikolaou, in a bid to monitor health 100% silently and continuously, detecting early symptoms of life-threatening ‘silent killers’ as they begin to develop. With the emergence of high-processing-power chips, and advanced miniaturised sensor technology the time has arrived for Touchable® devices to enter our lives. Touchables™ are a new generation of medical-grade, health monitoring objects, seamlessly integrated into everyday living, that perform continuous, non-invasive

health monitoring, without the need to wear a device, turn it on, put it to charge, or even think about it. Touchables™ are tailored for individuals with sedentary lifestyles, including those who may not own home healthcare devices or tend to skip measurements when they feel healthy.

What has been your highlight of the LHASE programme?

“Much of the success of this programme is due to its in-person nature. I feel grateful for meeting all those wonderful changemakers.”

<https://biostealth.ai/>

george@biostealth.ai

 [gpmtech/](#)



bioStealthAI

Anthea Masey

Loughborough Junction Action Group



Loughborough Junction Action Group is a volunteer-led social action charity working in Loughborough Junction in south London. It is our mission to make Loughborough Junction a great place to live and work.

We run a food growing project, a community cafe, an adventure playground, craft workshops, the LJ Neighbourhood Forum and Thriving Fiveways, a health initiative, which connects the community with health professionals, runs health events and a small grants programme.

What has been your highlight of this programme?

“Loved it all, but particularly enjoyed meeting and learning about what other participants are doing. I thought the pitching session was particularly strong.”


What would your advice be to an early stage entrepreneur in the life sciences sector?

“Stick at it and be consistent; let go if you see something isn't working.”

www.loughboroughjunction.org

anthea.masey@btinternet.com

07799 621 582

 LoughboroughJunctionActionGroup



Danny Orchard

Core Clapton



Founded in 2016, CORE pioneers in delivering high-quality osteopathic care, offering a non-invasive, holistic approach to pain management that promotes natural healing, aiming for wide-scale access to this effective treatment.

Chronic pain affects over 15 million adults in the UK, leading to psychological and social distress. Osteopathy offers an alternative to pharmacological treatments, aligning with 2021 NICE guidelines that recommend non-medication approaches. However, access is limited, particularly in North East London, and is often only accessible to those who can afford private treatment.

Since 2020, we've provided low-cost and free care to those suffering from chronic pain, cutting across socio-economic and ethnic barriers. Our clinic differs from NHS settings by eliminating waiting times and delivering a holistic approach with high patient satisfaction.

What drives you to make a difference in your community?

The need that we have a solution for is increasing exponentially with the financial crisis and the poor state of the NHS. Our service is needed more than ever and we see the real-time benefits it brings to the community.

www.coreclapton.org/charity

info@coreclapton.org

0300 561 0161

 [coreclapton](#)



core clapton

Dora Crook

Disability Sport Coach



Disability sports coach works across London to enable People with all disabilities to take part in sport and physical activity. The organisation was set up by the CEO Peter Ackred. Peter's idea to set up community clubs came to him after he had noticed how disabled people were being left out of sport in his working life and while volunteering.

Peter's stammer and his father's experiences of MS, were a driving force for Peter wanting to make a difference to disabled people. Disability sport coach started with providing clubs in local easily accessible venues and grew from there.


Aims:

- Improve disabled people's physical, mental, and social wellbeing.
- Empower disabled people to feel part of their local community.
- Educate activity providers to deliver inclusive activities for disabled people.

What advice would you give an up and coming leader in the life sciences sector?

"Make conscious decisions on who you surround yourself with, choose positive people who believe in you and what you are doing and will support you along with kindly giving feedback."

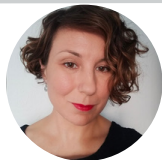
<https://disabilitysportscoach.org.uk>
dora@disabilitysportscoach.org.uk
0207 928 4267

 disability_sports_coach



Olga Osuch

Repair Cafe Lambeth



Repair Café Lambeth gives the wonderfully diverse community of Lambeth the platform to meet, chat and share useful fixing skills at our fun repair activity. People of all ages, from different walks of life meet here and over tea/coffee and lovely cake restore broken items. We focus not only on mending things, but also restoring confidence, promoting communication, cooperation, and community spirit! We reduce waste and increase smiles!

Our primary beneficiaries are: People who experience cost-of-living-crisis effects; Those who feel socially excluded, suffer from loneliness and low self-esteem; People, who need

to get experience and confidence on their way to employability.

The development of the repair cafe idea was from ongoing conversations in the community from Lambeth CVS leaders, regular chats with community , groups and local residents.

What difference do you make?

Our initiative has got positive impact on both visitors and volunteers wellbeing. We bring together local people, who might not otherwise have an opportunity to socialise. Yesterday they may have passed each other as strangers. Today they share a cuppa and high-five with smiles after working together.

<https://www.repaircafe-lambeth.org>

repaircafelambethcic@gmail.com

0208 0507 098

 RepairCafeLambeth



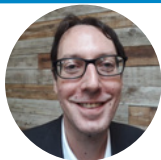
The London Boroughs

The focus of this programme was to help ignite and develop the life sciences sector with a specific focus of support from the following London boroughs.



Gavin Jackson

4-22 Foundation



Our vision is to build a community where every child, regardless of their socio-economic background, receives the support they need to achieve their full potential.

During 2023, 4-22 Foundation have delivered multiple projects that have successfully fulfilled our core aim to help those most at risk of disadvantage in our local communities.


From Tutoring for primary school pupils, STEM programmes for secondary school students, counselling and mental-health support for

young care leavers and refugees, and supporting young care leavers and refugees into paid work, 4-22 Foundation are committed to providing opportunities for children and young people at every stage of their development.

What drives you to make a difference in your community?

“To create opportunities that will make a difference to the lives of the young people that we work with.”

<https://www.4-22foundation.org.uk>
gavin.jackson@4-22foundation.org
07765 428318

 [company/4-22-foundation](https://www.linkedin.com/company/4-22-foundation)

4-22 
Foundation

Frances Pairaudeau

Greens Made Easy



Greens Made Easy grow and make delicious, super nutrient dense family-friendly food that safeguards the planet and supports the community it is rooted in. We also encourage families to 'grow-your-own' food and live in a low-waste, sustainable lifestyle centred around nutrient dense, minimal GHG food. We do this through free, hands- on, fun workshops for children and adults.

This helps busy families secure the nutrition that particularly children need to ensure healthy minds and bodies and better life outcomes. It also empowers our communities, whatever their background, to learn more about and take control


of their food. We started Greens Made Easy in response to the nation's unhealthy diets and the damage this is doing to us and our children's future mental and health outcomes. We also care deeply about offering a planet friendly local alternative to our damaging industrialised food system.

What advice would you give up and coming social leaders in the life sciences sector?

“Ensure that you know every aspect of the problem that you wish to solve and never stray from ensuring that you are indeed doing exactly that. Don't go off track!”

<https://www.greensmadeeasy.co.uk>

frances@greensmadeeasy.co.uk

 @greensmadeeasy



Indy Sira

Voices of Colour



Voices of Colour is a research and community design organisation that addresses systemic inequities and provides a platform to amplify the voices of marginalised communities.

We work with communities to co-design spaces, policies, and services to enhance accessibility through an intersectional lens.

The platform we provide is the beginning of a journey to create more meaningful conversations and change around issues that are impacting communities. It's a space to bring these communities together to initiate that change and re-imagine spaces where they feel heard.

We offer accessible resources, spaces to discuss, debate and connect a community of inspiring community change makers and leaders.


What has been your highlight of this programme?

“It has been the opportunity to learn more about the amazing work that other people in the cohort are leading on. I have really appreciated having the space to listen, learn and be inspired by the important issues being addressed by everyone.”

<https://voicesofcolour.org>

hello@voicesofcolour.org

07599 633033

 VoicesofColour1

**VOICES
OF
COLOUR**

James Galbraith

Find your Voice CIC



Find Your Voice design and deliver singing based health and wellbeing programmes for often vulnerable adults in marginalised communities.

Our vision is simple: we want everyone who is marginalised or othered in England to experience the health and wellbeing benefits of singing a song they love, out loud.

Singing and music are a way to attract and engage learning disabled beneficiaries and to reach community members who are isolated. Singing brings groups together on a regular basis, enabling them to make new friends and develop support networks, reducing loneliness and improving

wellbeing. For adults with profound and multiple, or complex disabilities, the practical and attitudinal barriers to accessing engaging opportunities can be insurmountable. We focus on people the most in need of help, reducing loneliness, improving physical and mental health and making connections.

What advice would you give an upcoming leader?

“The most powerful advocates of the change you wish to make are from the voices in your community that you are working with. Listen to and record their needs. Oh, and keep a cash flow spreadsheet!”

Natasha Veerasawmy

Bonded Thru Cancer



Bonded Thru Cancer supports cancer patients that do not have support whilst going through a diagnosis of cancer. Providing a Buddy volunteer at the hospital to sit with the patient at a scan day, result day, and chemotherapy appointment. The Buddy will make sure the patient eats something Free of charge and assists them at the end of the day with their travels home. BTC also runs support groups, events, and fundraisers.

I started the organisation because I, Natasha Veerasawmy have a lived experience of stage 3 cancer, along with 14 other family

members being diagnosed, and only 4 of us surviving.


What drives you to make a difference in your community?

“What drives me to make a difference is seeing my sister pass away whilst I was going through a diagnosis of stage 3 cancer and seeing so many cancer patients pass away to cancer due to lack of knowledge, and no belief in the health care sector especially within the BAME communities. BTC creates awareness of cancer, and directs or signposts cancer patients to other organisations to encourage the communities to go and get checked, and be aware of early screening.”

www.bondedthrucancer.org

natasha@bondedthrucancer.org

07930 404455

 [bondedthrucancer2014](https://www.instagram.com/bondedthrucancer2014)



Betty Efemini

Holiistic Well Womens CIC



Holistic Well Women was set up for women, by women to improve community cohesion, quality of life, reduce isolation and improve all aspects of women's life from a holistic point of view.

With a focus on improving mental health and wellbeing from a cultural view point, we offer a service to meet them where they are and we do not go for a 'one-size fits all' approach.

We offer a unique range of creative therapeutic crafts, wellbeing coaching, culturally appropriate healthy living workshops and culture competency training.

The overall purpose of our project is to improve health and wellbeing, reduce stigma around mental health within diverse communities, reduce isolation and connect the community. We build confidence, offer signposting, support and advice - improving mental health through creativity.

holisticwellwomen@googlemail.com

Behind the programme

A large number of people have worked behind and in front of the scenes to make this programme happen and bring things to life.

Our huge thanks for the time and consideration taken.

School for Social Entrepreneurs

Delivery Team

Marta Zukowska - Learning Facilitator

Monique Nimo - Programme Co-ordinator

Sam Haydock - Head of Learning

Support & Development Team

Vanessa Mathews - Head of Development

Blue O'Connor - Head of Programme Management

David McGlashan - Head of Communications

London & Partners Team

Nicki Bromwich - Head of Life Sciences Programmes

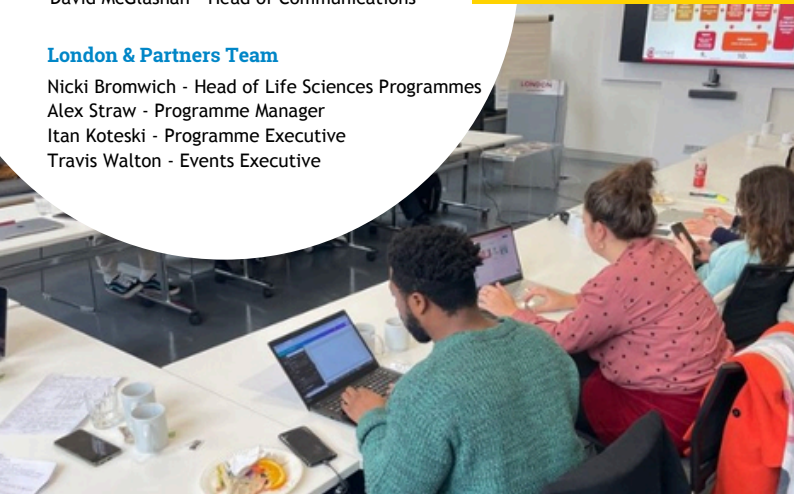
Alex Straw - Programme Manager

Itan Koteski - Programme Executive

Travis Walton - Events Executive

"This programme has opened up a whole world that I did not have access to which is fundamental to the successful development of my organisation. Together with my mentor, whose wealth of experience is vast, this will open many doors for us."

Frances Pairaudeau - Greens Made Easy



Behind the programme

The [London Health Accelerator](#) structure is made from a combination of sessions from valued contributions from sector specific experts and entrepreneurs who share their knowledge, skills and experience with the cohort.

Over the six sessions, these valuable contributors have helped to spark thought, conversation and action in order to catalyse the development of the participant organisations.



Liz Peplar
[Embrace Finance](#)
Expert - Financial Resilience



Rushane Minkah
[RM Consultancy](#)
Expert - Sales Growth Coach



Sean Gladwin
[Enriched Consulting](#)
Expert - Social Impact



Mark Cotton
[Mark Cotton Consulting](#)
Business Support Panel Member



Nicki Bromwich
[London & Partners](#)
Business Support Panel Member



Gosia Syta
[Walk your talk](#)
Expert - Pitching & Presenting



Reehan Mirza
[Tower Hamlets Borough Council](#)
Business Support Panel Member



Ginette Hogan
[Public Health Officer - Southwark](#)
Business Support Panel Member



Paul Rackham
[Paul Rackham.org](#)
Expert - Commissioning and Procurement



Sarah Louise Hopkins
[SSE Fellow - Love Squared](#)
Witness - Leadership and values
Business Support Panel Member



Sarah Fothergill
[Barts Health NHS Trust](#)
Expert - Working in the sector



Caroline Wilson
[Islington Council](#)
Business Support Panel Member

Thank you!

Behind the programme

All of the participants on the [London Health Accelerator](#) were matched with a mentor to work with them individually over the course of the programme. The purpose of the mentoring was

not to solve all of the issues and challenges for them, but to use the coaching practice of open questioning to help empower the leaders to find their own solutions.

Mentors

Nicki Bromwich	- London & Partners
Sara Nelson	- DigitalHealth.London
Christina Angela	- University College London
Neelam Patel	- Life Sciences Leader
Antonio Ruiz	- Health Innovation Network
Sarah Forthergill	- Barts NHS Trust
Pranetha Baskarian	- London & Partners
Pearl Okeke	- Digital Transformation
Rik Patel	- London & Partners
Yinka Makinde	- NHS England
Marta Zukowska	- School for Social Entrepreneurs
Sam Haydock	- School for Social Entrepreneurs
Kasia Zmarzly	- Health Innovation Network

“The mentorship offered through the London Health Accelerator programme has undoubtedly played a crucial role in advancing our mission. Props to Marta, one of the programme's facilitators, for skillfully matching us with mentors perfectly suited to our stage of development,” - Georgios Papanikolaou

Thank you!

Behind the programme

London & Partners is a private company limited by guarantee. It is a not-for-profit public private partnership, funded by the Mayor of London and a network of commercial partners.

We promote London across the world, we attract overseas organisations, events and visitors to the capital and help retain and grow London companies. Our key international markets are North America, China, Europe and India.

We work in partnership with organisations in London and across the world to deliver our vision and mission in create economic growth that is resilient, sustainable and inclusive.

On 1st April 2023 **MedCity**, the cluster organisation for London's world leading health and life sciences sector,

integrated with **London & Partners**, London's business growth and destination agency, to consolidate the promotion of life sciences in London.

Bringing together **MedCity's** deep specialist expertise in life sciences with **London & Partners'** business leadership, global reach and scale, will increase the impact of life sciences promotion and sector development.

Together, **MedCity and London & Partners** will accelerate investment and innovation in health and life sciences in London by promoting the sector and strengthening connections within the ecosystem.

www.medcityhq.com

www.londonandpartners.com

Thank you!

Behind the programme

“The Health and Life Sciences Sector is a key driver of growth in Camden’s Knowledge Quarter and is significant for the UK Economy as a whole. As the local authority for the area, we want to support this growth while ensuring that it is inclusive and sustainable and involves and benefits our communities. The Boosting Life Sciences Social Economy Programme supports this ambition by investing in local businesses which are developing innovative ideas around improving community health.”



Kate Gibbs

Head of Inclusive Economy
Camden

“The health and life sciences sector in London is experiencing rapid growth, with the potential to create around 133,000 jobs over the next 10 years across the UK. As a group of central London boroughs, we are committed to ensuring that this growth brings opportunities for all - making London a fairer place to find a job, to innovate and to start a business.

Through our partnership with MedCity, this incubator programme has been an excellent opportunity to showcase the amazing talent in the social enterprise sector - a sector with a deep commitment to tackling inequalities, and to growing and retaining wealth within our communities. The graduation event is an important milestone in building a more inclusive economy in central London - bringing all the creativity, insights, skills, and determination that our diversity has to offer, and to truly make a positive difference to people’s lives. We can’t wait to see what happens next on your enterprise journey!”



Caroline Wilson

Director of Inclusive Economy and Jobs
Islington Council

Thank you!

Jodie Larsen

Paws and Pause



Paws & Pause use dogs to motivate people affected by substance use and mental ill health to progress in their recovery. We started P&P as there was lack of support services for people moving on from treatment services and transitioning into 'normal' life.

At **Paws & Pause**, we believe in a world where the unconditional love of dogs can help people learn key life skills and make positive choices in their lives. We create an environment where animals are the tool for learning, increasing engagement in therapeutic services and act as a tool for long term recovery and ultimately enable education and employment.

Our Trainee programme supports people in recovery for 6-9 months by providing supportive placements at our doggy daycare centres, alongside mentoring, and group workshops.

How do you make a difference in your community?

“There is so much stigma around substance use and complex mental health still, I strongly believe that people in recovery can change, lead fulfilling and impactful lives and we all need a chance to build confidence in a safe space (like Paws & Pause!)”

<https://www.pawsandpause.co.uk>

hello@pawsandpause.co.uk

07367 426170

 @pawsandpause



Samit Kumar Biswas

Health Tech Services Group Ltd



Health Tech Services Group (HTSG) Limited is a leading innovator in the healthcare industry.

It leverages cutting-edge technologies such as facial recognition, artificial intelligence (AI), and machine learning (ML) to provide comprehensive solutions for safeguarding vulnerable adults and delivering doorstep healthcare services.

What has been your highlight of the programme?

“To get valuable insight about our services and connect with various stakeholders.”

What drives you to make a difference in your community?

“Being 49 years old and a 30-year healthcare veteran, I could see the gap in the elderly care market and provide services to protect my future.”

www.hts.group
info@hts.group
07930 313621
@hts_group23



Martin Heath National Autistic Society in Lambeth

The National Autistic Society in Lambeth, is a local branch of The National Autistic Society, a charity set up to provide support for autistic people and their families. We currently provide activity session, such as messy/sensory play and non-contact boxing for autistic children and young people. For adults we provide coffee mornings and an autistic adult networking event.

Additionally we are very busy engaging with various council departments, strategies, forums and working groups. For example, Lambeth Age Friendly Strategy, Violence Against Women & Girls, Preparing for Adulthood SEND Strategy,

Learning Disabilities and Autism provider forums and the Lambeth Supported Employment Partnership. We also help local organisations and businesses become autism friendly. Current projects include promoting awareness of the difficulties of autistic older people and promoting autism acceptance in the community.

“Our World Autism Acceptance Week campaign was incredible. Over 90,000 views across different social media platforms and #'s from Saskatchewan down to Guatemala, Japan, China, Europe and the UK. It's amazing how a little charity in South London can have global reach and support from so many people.”

autism.org.uk/what-we-do/branches/lambeth
martin.heath@nas-volunteers.org.uk

 @Autism



Michael-Jordan Faucher-Folie

Just Once Ltd



Just Once streamlines assessment processes, enabling swift access to support for individuals in need.

Our digital products cater to both Social Workers and those requiring assistance.

Just Once was born out of founder MJ's struggle to access support when he became an unpaid carer for his mother.

My goal is to support all our unsung heroes! As an unpaid carer, I've seen and experienced many inequalities and my goal is to address them.

What has your highlight been of the LHASE programme?

“The Business Support panel created huge impact! Gaining access to industry experts and receiving advice centred around my business helped me to move forward massively.

I am immensely grateful for the chance to participate in this programme. It has empowered me to transition into a social enterprise and overcome significant obstacles hindering my ability to create positive impact. Thank you Marta and the team for the unwavering support.”

<https://justonce.org>
info@justonce.org/

 MichaelFaucherfolie



Reflections and reviews

“Making time for this course has been a challenge, but I am glad I made it.”

Anthea Masey

“I would like to thank Marta, Monique and the funders as they have worked hard to ensure that we learnt successfully together in a great environment. This programme covers an enormous amount of rich information in a very short space of time, and they made it possible.”

Frances Pairaudeau

“Meeting so many other amazing social entrepreneurs and having time and space to delve deeper into how we can grow our impact.”

Jodie Larsen

“The programme is very rewarding because I am able to talk about the challenges I face daily running my own organisation. Being with this cohort helps me to know I am not alone and I can reach out to each one of them for help. The Accelerator feels like an amazing place for elevation and support for my decision making.”

Natasha Veerasawmy

“Thank you to the SSE for giving 4-22 Foundation the opportunity to participate in the London Health Programme ”

Gavin Jackson

“I have loved any opportunity for group discussion following a presentation or witness session. The programme comes alive when the theory is applied to the work the cohort does. This has helped my understanding of how I can appreciate and improve my own working practice.”

James Galbraith

“My highlight has been being able to view my organisation through the critical lens of a funder and being supported to polish and improve our funding pitch to clarify the benefit we bring to community and the reasons why we should be funded.”

Danny Orchard

“Almost everything was new and very helpful. Thanks for this Accelerator Programme!”

Olga Osuch

The Impact of the programme

As well as supporting the 20 organisations on the programme to grow and be sustainable, our ambition was to help these organisations contribute to the

health and life sciences sector in London. Whilst on the programme, our 20 organisations have achieved the following.



4

**New jobs
created**



2

**Existing
roles have been
safeguarded**



Our leaders
have entered

3

new markets

and launched



7

**new products
and services**

Evidence based on initial programmes surveys.

(Hajia) Saidat Oketunde

Faiths Women Community CIC



Faiths Women Community UK is an organisation dedicated to empowering communities, particularly women, by providing support, resources, and opportunities for growth within communities, fostering unity, resilience, and progress.

It was founded with the vision of promoting equality, social justice, and empowerment through collaboration and advocacy.

The organization serves diverse populations, focusing groups and those in need, regardless of religious or cultural backgrounds.

What has been your highlight of the LHASE progamme?

“The LHASE Programme offers a transformative journey for health start ups providing valuable resources, mentoring and networking opportunities. Its a change to accelerate innovation and drive positive change where ideas can flourish and make a real difference in the world.”

What would your advice be to up and coming leaders?

“Focus on both innovation and collaboration.”

<https://www.faithswomencommunityuk.org>

faithswomencommunityuk@gmail.com

07780 383563

 @fwc_women

 @fwc_women



FAITHS WOMEN
COMMUNITY UK

Women Empowerment

Joanne English

Queertopia Consortium at Hackney CVS



Hackney CVS empowers local charities and community groups to develop sustainable and financially viable solutions for the long-term challenges facing City and Hackney residents. A new project being created is [Queertopia Consortium](#) - an LGBTQIA forum aimed at fostering community, addressing mental health concerns, and combating health inequalities. By providing a supportive platform, individuals who work, play, and reside in the borough can avoid isolation and have their voices heard. This initiative ensures better access to health and social care services while creating a safe space for the community and organisations to develop and refine services

collaboratively. Co-production fosters a sense of empowerment, promoting inclusiveness to ensure needs are met. By incorporating intersectionality, the forum becomes a crucial space for people of colour, enhancing overall well-being and promoting inclusivity and belonging.

What has been your highlight of the programme?

“Completing the program was transformative. Networking with entrepreneurs, learning new tools, and crafting an elevator pitch boosted my entrepreneurial confidence. The experience also instilled a belief that individuals from diverse backgrounds like mine can achieve success.”

www.hcvs.org.uk

07903 098454

✉ @hackneycvs

John Poyton

The Well Centre Charity



The Well Centre is a youth health hub with a charity arm started to scale the impact of the model to support primary care networks to provide better holistic care for adolescents in their communities.

Over 7000 young people have benefitted from the Well Centres Youth Health Hub over the last 12 years with over 1000 in the last year alone. Young people are referred by their GP's, youth workers, parents, teachers, friends and themselves to gain support of the multidisciplinary team of GP's youth workers, health, wellbeing and mental health practitioners.

The Well Centre charitable company will benefit GP's and the local primary care workforce by training them to be youth friendly and also supporting them to recruit their own health and wellbeing practitioners to ensure the model helps strengthen the eco-system around the most vulnerable young people.

What has your highlight of the programme been?

“Meeting like minded social innovators and entrepreneurs and sharing in learning, thinking and reflecting together about audacious goals and solutions to some of the biggest societal problems.”

www.thewellcentre.org

John@thewellcentre.org

@Thewellcentre



Nureen Glaves

Feed Me Good



Feed Me Good is a food education provider. We are a black disabled female led organisation.

Teaching communities and companies health and wellbeing. With over 24 years experience in various food and nutrition industries has supported us to develop and delivery cultural inclusive health and wellbeing services for the global majority.

Over last 8 years we have taught over 5800 students and worked on various projects to bring health equality to our students and communities.

What has been your highlight of the programme?

“Understanding that our services matter and thinking of new ways of income generation. This was a great programme. I learned new things that I didn’t know before.

I have more clarity for my future and for Feed Me Good.”

www.feedmegood.co.uk

info@feedmegood.co.uk

07724 805634

 @feedmegood



Daniel Acheampong

Ayati Mind



Ayati Mind is a mental health tech social enterprise that confidentially connects men from Black, Asian and global minority backgrounds with culturally competent therapists, counsellors, and life coaches who provide culturally sensitive services and resources, ensuring everyone has the opportunity to heal and thrive.

Through lived mental health experience and recognising the unique challenges faced by men of colour, including stigma and limited resources, **Ayati Mind's** founder established the start-up to break down existing barriers and empower men to take charge of their mental wellbeing.

At **Ayati Mind**, we believe everyone deserves quality mental healthcare. Our vision is to heal minds and save lives through accessible, affordable mental wellness care.

What advice would you give an up and coming leader in the life sciences sector?

“I would advise them to use a data-driven approach to responsibly leverage community insights to identify unmet needs and embrace innovative technology to solve real-world health challenges. I would encourage them to build a strong network of experts and collaborators and be open to taking risks and learning from mistakes.”

<https://www.ayatimind.com>

hello@ayatimind.com

0333 305 6518

 /company/ayatimind





SELL THIS!

PROBLEM

What is the problem?
How big is it to
them do customers
have to solve the problem
why does it matter?
A story to connect

SOLUTION

What's your solution?
Why is your solution better
or unique about it?
What's the benefit of
using it your way?

BENEFIT

What's the benefit of
using your solution?
Who's going to benefit?
How are they going to
benefit?
Make a bigger case

Behind the programme

We can't fix issues like poverty, climate change and ill-health alone.

That's why the [School for Social Entrepreneurs](#) exists.

We have helped thousands of people develop the skills, strengths and networks they need to tackle society's biggest problems. In turn, they help millions of people in need.

We run courses that equip people to start, scale and strengthen organisations that make a positive difference.

But we are not a traditional school. Learning with SSE is inspiring, action-based and accessible. We support people in other ways too, such as funding and mentoring.

Our vision is a socially and environmentally just society, where the potential of all people is fully realised.

Our mission is to empower and equip people with entrepreneurial ideas and solutions to grow the social economy.

"Everybody has the capacity to be remarkable."

Michael Young
Founder of SSE



Closing words



Marta Zukowska

Learning Facilitator

London Health Accelerator for
Social Enterprise

Having had the privilege of collaborating with the remarkable individuals in this cohort, it stands out as one of the most rewarding experiences in my two decades of working with entrepreneurs.

They are an extraordinary group, marked by their unwavering drive, dedication, and passion. Keep a close eye on each of them, for this emerging generation of trailblazers is poised to revolutionize healthcare, ushering in disruptive innovations that will reshape our perspectives on the biosciences, health, and mental wellness.

I am profoundly grateful to have been a part of their journey thus far.

Every single one of them will be catalysts for positive change in our world. Take the opportunity to get to know them; their impact will be profound.

Good luck!



"This programme provided the opportunity to connect with a supportive network of fellow entrepreneurs and expert healthcare innovators to help accelerate our growth.

The programme provided useful resources and training to strengthen our business model and learn how to strategically navigate the healthcare landscape to make an impact with our value proposition."

Daniel Acheampong - Ayati Mind



The School for Social Entrepreneurs
The Home of Social Enterprise
13-15 Dock Street
London E1 0HP

www.the-sse.org.uk